

Philippians 4:10-13

Biblical Contentment

Review

Ways To Stand Fast

- Being Spiritually Minded Is Stabilizing
- Every Positive Adjective Describes Jesus
- You've Learned, Received, Heard and Seen it Demonstrated, Now DO IT.
- God's Proximity is revealed when you meditate on all His attributes.

Today's Outline

The Recipe For Contentment

- Biblical Contentment
- Contentment, A Learned Behavior
- Contentment Devoid of All Circumstances
- Contentment Is Possible Through Christ's Strength

Philippians 4:10-13

10 But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity.

11 Not that I speak in regard to need, for I have learned in whatever state I am, to be content:

12 I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need.

13 I can do all things through Christ who strengthens me.

Our Society is Built on Discontentment

- Television is produced for one sole reason, Commercials. The commercials are designed to feed your lustful desires for more, different, better.

Our Society is Built on Discontentment

- Mignon McLaughlin, an American journalist and author wrote "Be glad that you're greedy; the national economy would collapse if you weren't."

Ecclesiastes 5:10-11

10 Whoever loves money never has money enough; whoever loves wealth is never satisfied with his income. This too is meaningless.

11 As goods increase, so do those who consume them. And what benefit are they to the owner except to feast his eyes on them?

What Contentment is NOT

■ Laziness:

- disinclined to activity or exertion : not energetic or vigorous
- encouraging inactivity or indolence <a *lazy* summer day>
- moving slowly : sluggish

If you don't have a job, not seeking one is NOT contentment.

What Contentment is NOT

■ **Complacency:**

- self-satisfaction especially when accompanied by unawareness of actual dangers or deficiencies
- an instance of usually unaware or uninformed self-satisfaction

If you are not fulfilling your responsibilities that is NOT contentment.

What Contentment is NOT

Apathy: is a state of indifference, or the suppression of emotions such as concern, excitement, motivation and passion. An apathetic individual has an absence of interest in or concern about emotional, social, or physical life.

The Greek **Stoic philosophy** taught a person to dispassionately accept whatever circumstance came about. "Self Sufficiency"

Contentment is not the fulfillment of what you want, but the realization of how much you already have.

Anonymous

Contentment “IS”

Hebrews 13:5 *Let your conduct be without covetousness; be content with such things as you have.*

Psalm 23:1

NLT: The Lord is my shepherd;
I have all that I need.

NKJV: The LORD *is* my shepherd;
I shall not want.

Psalm 36:7-8

7 How precious *is* Your lovingkindness, O God! Therefore the children of men put their trust under the shadow of Your wings.

8 They are abundantly satisfied with the fullness of Your house, And You give them drink from the river of Your pleasures.

Matthew 6:19-21

19 "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal;

20 but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.

21 For where your treasure is, there your heart will be also.

Contentment “IS”

Hebrews 13:5 *Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, “I will never leave you nor forsake you.”*

Philippians 4:10-13

10 But I rejoiced in the Lord greatly that now at last your care for me has **flourished** again; though you surely did care, but you lacked opportunity.

anathallō (flourished)

1) to shoot up, sprout again, grow green again

2 Cor 9 (often supported Paul)

Philippians 4:11-12

11 Not that I speak in regard to need, for I have **learned** in whatever state I am, to be content:

12 I know how to be abased, and I know how to abound. Everywhere and in all things I have **learned** both to be full and to be hungry, both to abound and to suffer need.

Psalm 25:5

Lead me in Your truth and **teach** me,
For You are the God of my salvation;
On You I wait all the day.

Psalm 25:9

The humble He guides in justice, And
the humble He **teaches** His way.

1 Corinthians 2:9-15

- 9 But as it is written: "*Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him.*"
- 10 But God has revealed *them* to us through His Spirit. For the Spirit searches all things, yes, the deep things of God.
- 11 For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God.
- 12 Now we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God.
- 13 These things we also speak, not in words which man's wisdom teaches but which the **Holy Spirit teaches**, comparing spiritual things with spiritual.
- 14 But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know *them*, because they are spiritually discerned.

Philippians 4:11-12

12 I know how to be **abased**, and I know how to **abound**. **Everywhere** and in **all things** I have learned both to be **full** and to be **hungry**, both to **abound** and to suffer **need**.

Biblical Contentment

- **Abased:** to assign a lower rank
- **Abound (X2):** to exceed a fixed number of measure
- **Everywhere:** A primary preposition denoting (fixed) position (in place, time or state)
- **All Things:** each, every, any, all, the whole, everyone, all things, everything
- **Be Full:** to feed with herbs, grass, hay, to fill, satisfy with food, to fatten
- **Suffer Need:** fail to become a partaker, fall back from

Philippians 4:13

13 I can do all things through Christ who strengthens me.

**We Need Christ's Power To Live In
All Places and Conditions and Be
Content**

1 Timothy 6:7-9 (NLT)

- 7 For we brought nothing into *this* world, *and it is* certain we can carry nothing out.
- 8 And having **food and clothing**, with these we shall be **content**.
- 9 But those who desire to be rich fall into temptation and a snare, and *into* many foolish and harmful lusts which drown men in destruction and perdition.

Matthew 8:19-20 NLT

19 Then one of the teachers of religious law said to him, "Teacher, I will follow you wherever you go."

20 But Jesus replied, "Foxes have dens to live in, and birds have nests, but the Son of Man has no place even to lay his head."

2 Corinthians 8:9

You know the generous grace of our Lord Jesus Christ. Though he was rich, yet for your sakes he became poor, so that by his poverty he could make you rich.

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